



## News & Notes

### FEBRUARY

- 12<sup>th</sup> Mid-year Convention  
South  
*Riverside Convention  
Center*
- 15<sup>th</sup> Tom Crowley  
*SB Valley Water Conser-  
vation District*
- 22<sup>nd</sup> Karen Pogue  
*Ronald McDonald House*
- 23<sup>rd</sup> Governor's Visit  
*Hosted by the San Ber-  
nardino Club at the San  
Bernardino Radisson*

### MARCH

- 5<sup>th</sup> Mid-year Convention  
North  
*San Jose Fairmont*
- 12<sup>th</sup> Total K Day



**90th Annual Kiwanis  
International Convention  
July 2-6, 2005  
Honolulu, Hawaii**

# NEWS

February 8, 2005

## Loma Linda Valley Kiwanis Club

### Growing Up in Cold War Germany

Program –Tuesday, January 18

Loma Linda Valley Kiwanis Club member Kurt Meyer was born in Berlin in 1943. His early memories include playing with left over ammunition and children who lost limbs because of the dangerous “toys.” Food was scarce and Kurt dreamed of becoming a baker so he would have enough to fill his hungry stomach.



In 1948, the blockade started. Children were taught in school to hate Americans. However, Kurt and his brothers refused to belong to the communist youth organizations and found themselves under punishing

restrictions which prevented them from joining activities and sports teams.

The border between East Germany and West Germany closed suddenly in 1961. Kurt's father, a dentist, was caught at his office in West Berlin, on the opposite site of the city from his wife and children. Together, Kurt's mother and brothers made the dangerous attempt to cross the border and were reunited with their father.

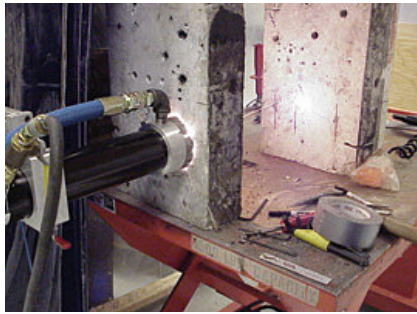
Kurt recalls the great number of people who attempted to cross the border, especially one 84-year old woman who jumped from a 4th floor apartment building, just missing the blanket held by volunteers below.

Today, Kurt appreciates the opportunities and freedom that he enjoys in America. He reminds us that our freedom is a gift, one that we must treasure and seek to preserve.

## Seismic Retrofit of California Hospitals

Program –Tuesday, January 25

Because Loma Linda University Medical Center (LLUMC) is situated between the San Andreas and San Jacinto faults, the hospital has embarked on its largest construction project since the Children's Hospital was built 1993.



The construction project, dubbed the seismic retrofit, is all but ready to get underway to meet California's

senate bill 1953, a 1994 law requiring hospital buildings to meet more stringent seismic and structural requirements.

Since many hospital structures consist of reinforced concrete, a major problem associated with structural strengthening of these facilities has been the noise, vibration, and dust created by the use of conventional jackhammers and cutting tools. The disruption caused by these processes may even make it impossible to continue patient care activities.

LLUMC is developing an innovative laser technology that will virtually eliminate the typical noise, vibration, dust, and contamination problems associated with current retrofit methods. The laser will be used to drill holes in the existing concrete, making way for rebar reinforcement.

LOMA LINDA ANIMAL HOSPITAL, INC.



*Leonard A. Sigdestad, D. V. M.*

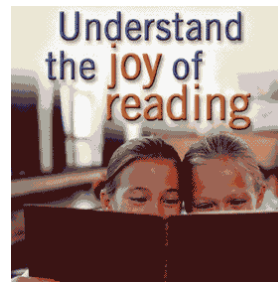
OFFICE HRS. 7 A.M. - 7 P.M.  
DR. HRS. 8-12 A.M. - 2-6 P.M.

TELEPHONE 825-3144  
2605 S. WATERMAN AVE.  
SAN BERNARDINO, CA. 92408

The LLUMC retrofit is a national model program to produce a virtually non-disruptive retrofit so that this hospital, and others, may continue to provide quality health care during the retrofit process itself. LLUMC has made the use of the laser technology available to all non-profit hospitals without fee for the use of the technology.

## Kiwanis Helps Children Celebrate the Joy of Reading

Between February 1 and March 3, Kiwanis clubs, Circle K clubs, and Key Clubs are encouraged to read with children with the Read Around the World program. Kiwanians can provide reading activities, increase access to books, motivate, and inspire.



Whether it's recent literary heroes like Lemony Snicket and Harry Potter or age-old book stars such as Dr. Seuss and Robinson Caruso, there's no denying the positive influence books have on children's lives.

More than 8,000 Kiwanis clubs in North America are committed to helping children celebrate the joy of reading with the Read Around the World program.

Kiwanis International launched the Read Around the World service project based on a national study of nearly 100,000 school children that found access to printed materials - and not poverty - is the "critical variable affecting reading acquisition."



**Dr. M.A. Hammarlund**  
Volunteer, Southwest Region

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Walt and Stephanie Byrns

## Announcements

**The Club needs your Rummage Sale items!** Jeff Allen has generously volunteered to help pick up items with his truck. For more information about donating items for the rummage sale, contact Manny Aranda.

**DCM Report:** The Club earned approximately \$1,700 by hosting the January DCM. Kudos to Gay for creating the beautiful decorations, and to Walt, Stephanie, and John for decorating the afternoon before the DCM. Also appreciated was the salesmanship demonstrated by Jack who helped sell nearly \$800 in raffle tickets, despite a bad knee and hernia. Thanks to all who volunteered!



*Captain Beau Perez*  
Administrator / Pastor

363 South Doolittle Road, San Bernardino, CA 92408  
Telephone (909) 889-9605 ext. 126 / Fax (909) 889-0378

## Loma Linda Valley Kiwanis Club Delivers Christmas to Foster Family Children



Jeanette Wilson of Foster Family Network dropped in on the January 18 meeting to thank Loma Linda Valley Kiwanian Evan Winter for his extraordinary efforts to increase toy donations for foster family children this holiday season.

Evan placed a dozen donation trees at local businesses, up from one tree during the 2003-04 season. So many gifts were received that Foster Family Network was able to provide Christmas gifts for more than 100 children and create a reserve supply for children who will be placed later in 2005.

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Visit the  
**Loma Linda Valley Kiwanis Club**  
web site at

**[www.kiwanis.org/club/lomalinda](http://www.kiwanis.org/club/lomalinda)**

## **Loma Linda Valley Kiwanis Club**

*Meets Tuesdays at 7:00 a.m. at Mimi's Café, 395 E Hospitality Lane, San Bernardino  
[www.kiwanis.org/club/lomalinda](http://www.kiwanis.org/club/lomalinda)*

### **Officers 2004-2005**

Manny Aranda, *President*  
Dr. Leonard Sigdestad, *Past President*  
Ken Daly, *1st President Elect*  
Tom Crowley, *2nd President Elect*  
Pat Ralston, *Secretary*  
George Johnston, *Treasurer*

### **Public Relations Staff**

Cindy Williams, *Bulletin Editor*  
Dr. Ron Griffin, *Photographer  
and Web Site Editor*

### **Directors 2004-2005**

Stephanie Byrns  
Walt Byrns  
Richard Elshof  
Dr. Ron Griffin  
Amos Isaac  
Jack Katzman  
Kurt Meyer  
Karen Pogue  
Cindy Williams